



Erasmus+



The project FUTURE builds on previous successful projects with the same partners in the past – czech Střední škola rybářská a vodohospodářská Jakuba Krčína (Třeboň), french Lycee Professionnel Guerande – O. Guichard (Guerande) and norwegian Nord-Troms videregående skole (Skjervoy). The cooperation dates back to 2004. The project partners are schools with similar unique areas of education – fishery, aquaculture and environment.

Our project **FUTURE** (Food from water **U**sed **T**o **U**rge **R**evolution in **E**ating habits) focuses on aquaculture, ecological aspects of sustainable production of healthy food, promotion of fish, seafood and freshwater food such as diet, light and nutritious food.

SURVEY OF CONSUMPTION OF FISH AND SEAFOOD

1. DO YOU LIKE FISH/SEAFOOD?

- ☐ YES
- ☐ NO

2. WHO IN YOUR FAMILY EATS FISH?

- ☐ MOTHER
- ☐ FATHER
- ☐ SISTER
- ☐ BROTHER

3. HOW OFTEN DO YOU EAT FISH/SEAFOOD?

- ☐ 0-1 TIME A MONTH
- ☐ 2-4 TIMES A MONTH
- ☐ 5-7 TIMES A MONTH
- ☐ MORE THAN 7 TIMES A MONTH

4. HOW DO YOU GET THE FISH?

- ☐ FISH IT MYSELF
- ☐ BUY FROM A STORE – FROZEN
- ☐ BUY FROM A STORE – FRESH
- ☐ BUY FROM A FISHERMAN
- ☐ OTHERS: _____

5. WHAT TYPE OF FISH DO YOU EAT MOST?

- ☐ SALMON
- ☐ TROUT
- ☐ COD
- ☐ GRASS CARP
- ☐ CARP
- ☐ OTHERS: _____
- ☐ DON'T EAT FISH

6. WHAT TYPE OF SEAFOOD DO YOU EAT MOST?

- ☐ SEA URCHINS
- ☐ OYSTER
- ☐ MUSSEL
- ☐ SHRIMPS/PRAWNS
- ☐ CRAB
- ☐ CRAYFISH
- ☐ SEA WEED
- ☐ OTHERS: _____
- ☐ DON'T EAT SEAFOOD

7. HOW DO YOU LIKE THE FISH/SEAFOOD PREPARED?

- ☐ BOILED
- ☐ GRILLED
- ☐ SMOKED
- ☐ DRIED
- ☐ RAW
- ☐ FRIED
- ☐ CANNED
- ☐ OTHERS: _____
- ☐ DON'T EAT FISH/SEAFOOD

8. WHAT DO YOU LIKE MOST – RED OR WHITE FISH MEAT?

- ☐ RED (SALMON, TUNA, MACKREL, CARP, ...)
- ☐ WHITE (PIKE, TROUT, PIKE PERCH, CATFISH, COD, EEL., ...)

9. WHAT TYPE OF FISH WOULD YOU ORDER IN A RESTAURANT?

- ☐ SALMON
- ☐ CARP
- ☐ TROUT
- ☐ COD
- ☐ PIKE
- ☐ EEL
- ☐ FLATFISH
- ☐ OTHERS: _____
- ☐ WON'T HAVE A FISH

10. DO YOU EAT ANY OTHER PRODUCTS MADE FROM FISH OR SEAFOOD (CAVIAR, TONGUE, LIVER, ...)?

- ☐ YES: _____
- ☐ NO

11. HOW DO YOU EAT SEAWEED?

- ☐ SUSHI
- ☐ SOUP
- ☐ SALAD
- ☐ WITH RICE
- ☐ WITH COUSCOUS
- ☐ WITH LEGUMES
- ☐ DON'T EAT SEAWEED

12. DO YOU CONSUME GREEN ALGAE CHLORELLA?

- ☐ YES
- ☐ NO

13. DO YOU THINK FISH IS EXPENSIVE IN YOUR COUNTRY?

- ☐ YES
- ☐ NO

14. DO YOU EAT MORE FISH/SEAFOOD THAN MEAT?

- ☐ YES
- ☐ NO

15. WHY IS FOOD FROM WATER HEALTHY? YOU CAN CROSS MORE OPTIONS:

- ☐ UNSATURATED FATTY ACIDS
- ☐ SATURATED FATTY ACIDS
- ☐ LOW CALORIC VALUE
- ☐ HIGH CALORIC VALUE
- ☐ JODINE CONTENT
- ☐ LIGHT DIGESTIBILITY
- ☐ RICH IN MINERALS
- ☐ PROTEINS OF ANIMAL AND VEGETABLE ORIGIN
- ☐ IS TASTY
- ☐ FOOD FROM WATER IS NOT HEALTHY

